

# The organismal response to stressors

**Eyeing improved risk assessment and  
sustainability in the Athabasca River Basin**



**Athabasca University**

ATHABASCA RIVER BASIN  
RESEARCH INSTITUTE

# An eye on the organism studying the stressed organisms

Educational background: animal physiology; aquatic toxicology; environmental science; seafood safety; toxicogenomics  
(New Zealand, USA, UK, Canada)

Vocational background: Senior Scientist/Group Leader in government research institutes (Norway, NZ); Academic at the University of Canterbury, NZ

Research interests: aquatic toxicology, environmental physiology

# The Athabasca River Basin

An aerial photograph of the Athabasca River Basin. The river is a prominent, light-colored feature winding through a vast, green landscape. The terrain is a mix of dark green forests and lighter green fields. The river flows from the top center towards the bottom left, with several meanders and a large island in the middle. The sky is a pale, hazy blue.

It's quite big

Complex assortment of stressors that vary spatially and temporally from headwaters to delta

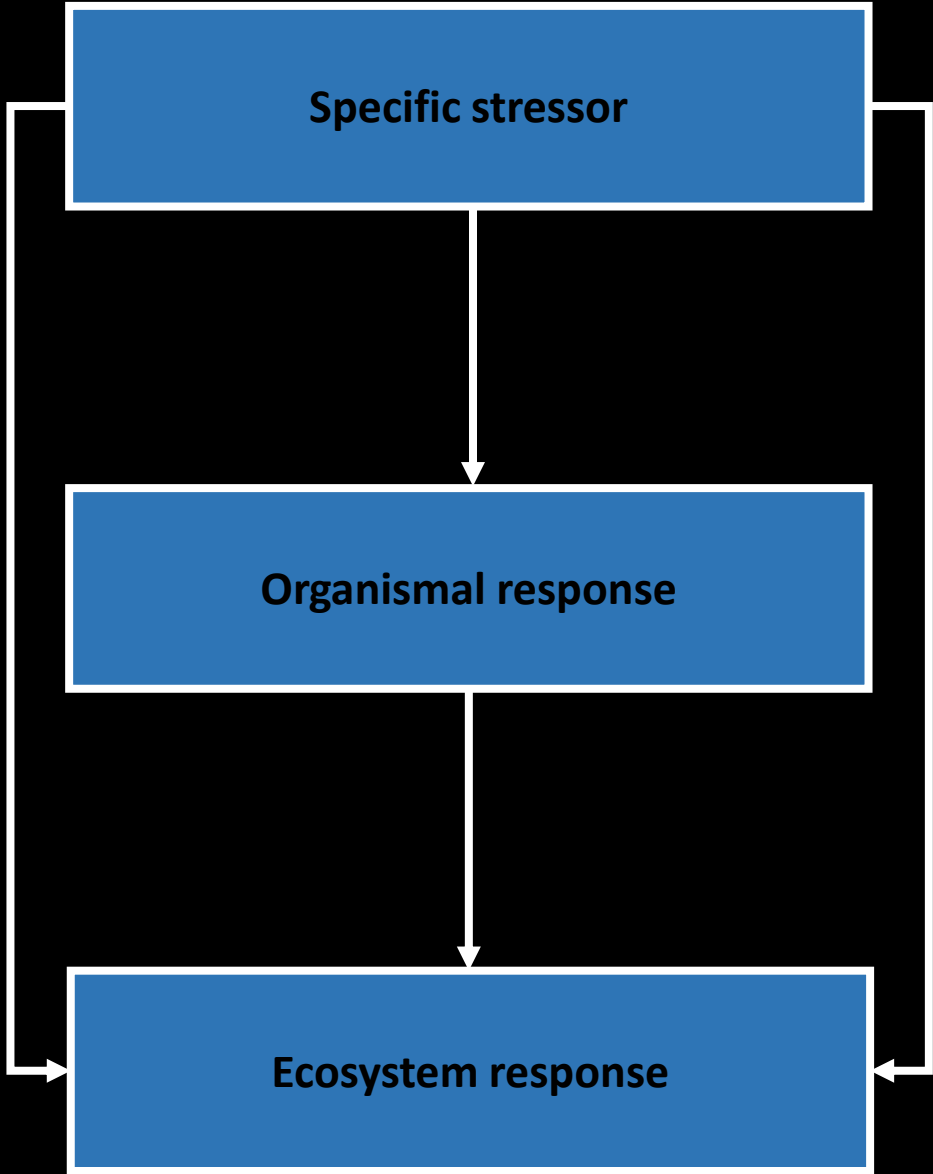
A diverse aquatic fauna that also varies spatially and temporally

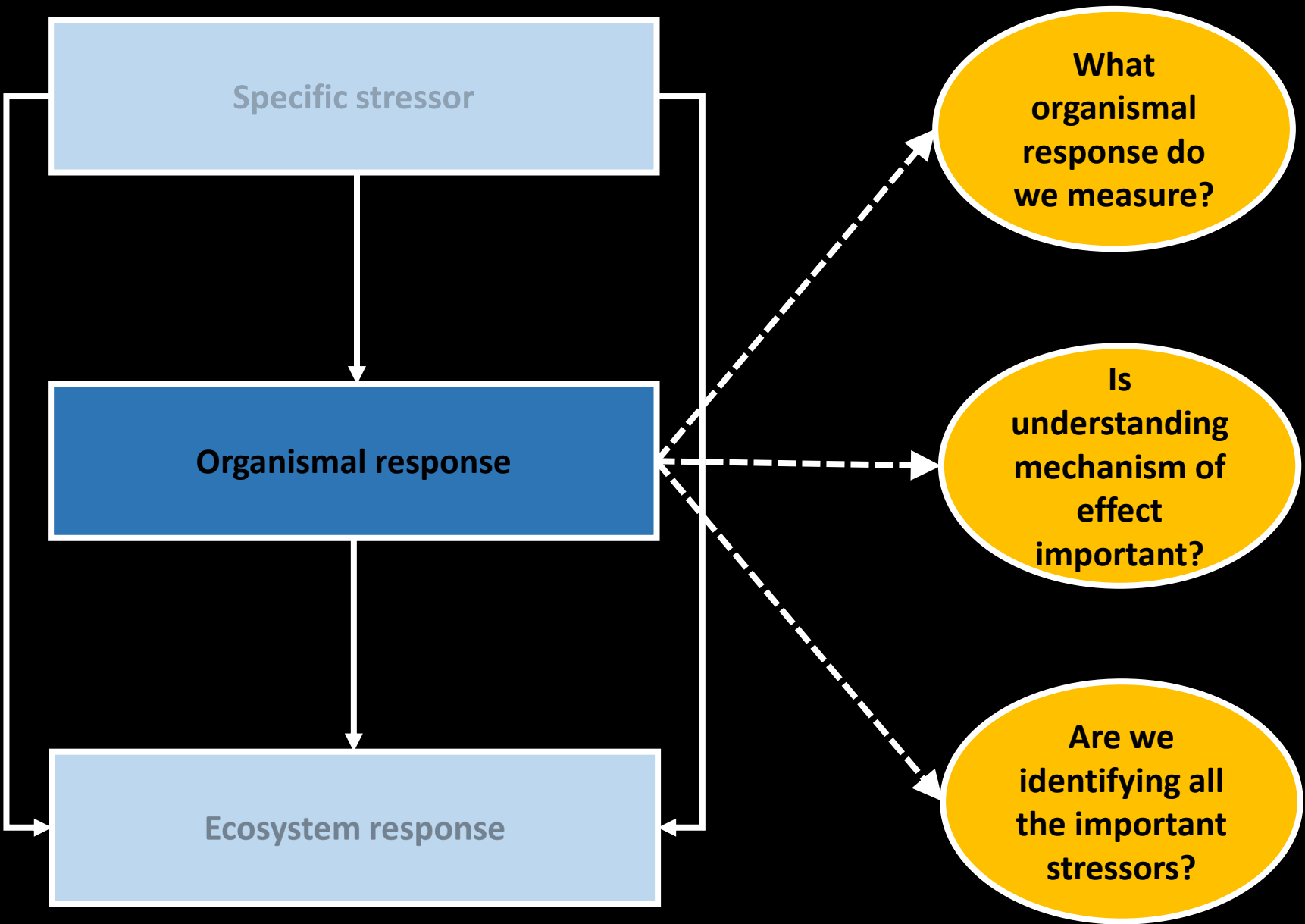
Specific stressor

Organismal response

Ecosystem response

**Determining  
environmental  
risk**



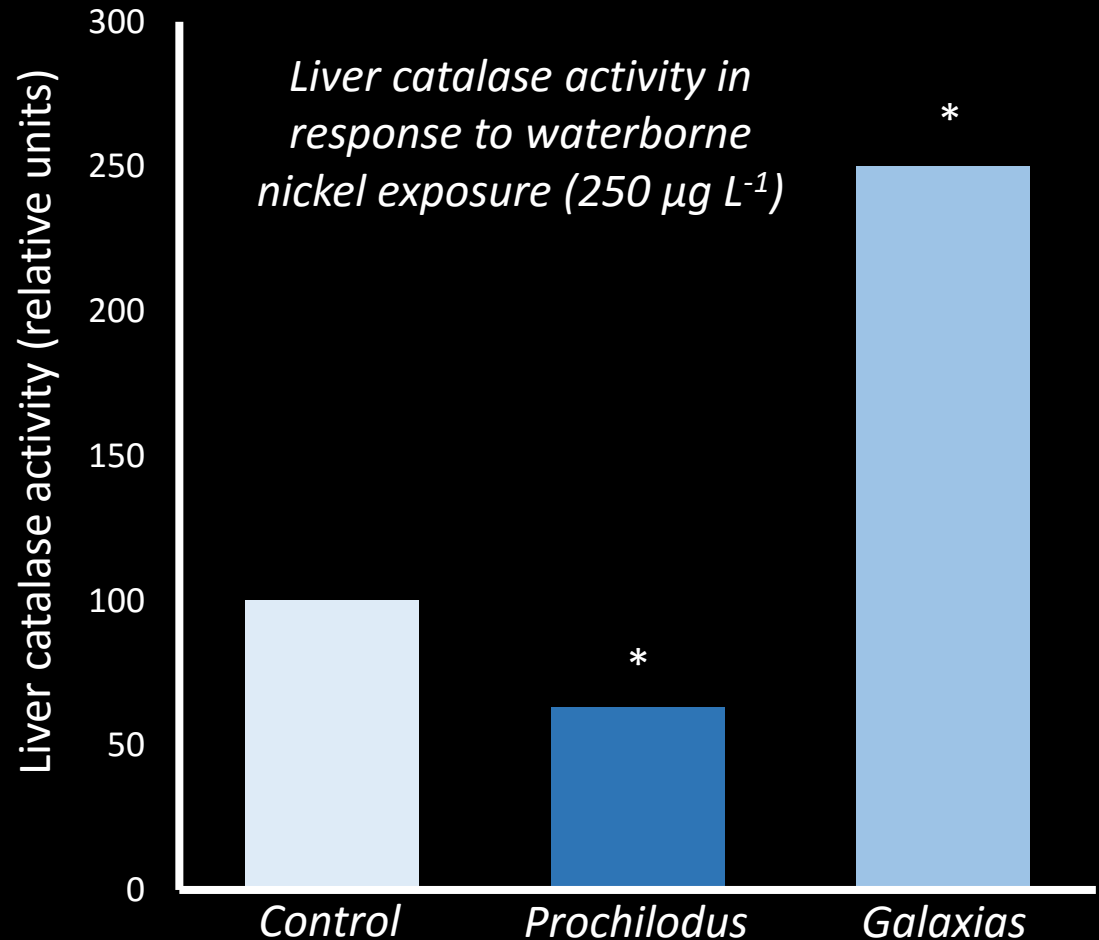


A brown fish, possibly a loach or similar small fish, is swimming in a pond. The water is dark green and murky, with various green plants and algae visible. The fish is positioned in the lower left quadrant of the frame, facing left. The text "Question 1: What organismal response do we measure?" is overlaid in the center of the image in a bold, yellow font.

**Question 1: What organismal response do we measure?**

# Question 1: What organismal response do we measure?

Biomarkers (e.g. activity of detoxification enzymes, condition factors) are useful, but may be variable, and represent a reactive rather than proactive approach to assessing risk



# The holy grail of the environmental scientist?

The background of the slide is a blurry, low-angle photograph of two figures walking across a field. On the left, a knight in full plate armor is walking towards the right. On the right, a man in a white tunic and a cap is walking towards the left. The scene is dimly lit, suggesting dusk or dawn, and the overall tone is somber and historical.

The ideal biomarker is one that responds predictably to all stressors, similarly in all organisms, and which can be predictive of organism risk....

**“The Master Biomarker”**



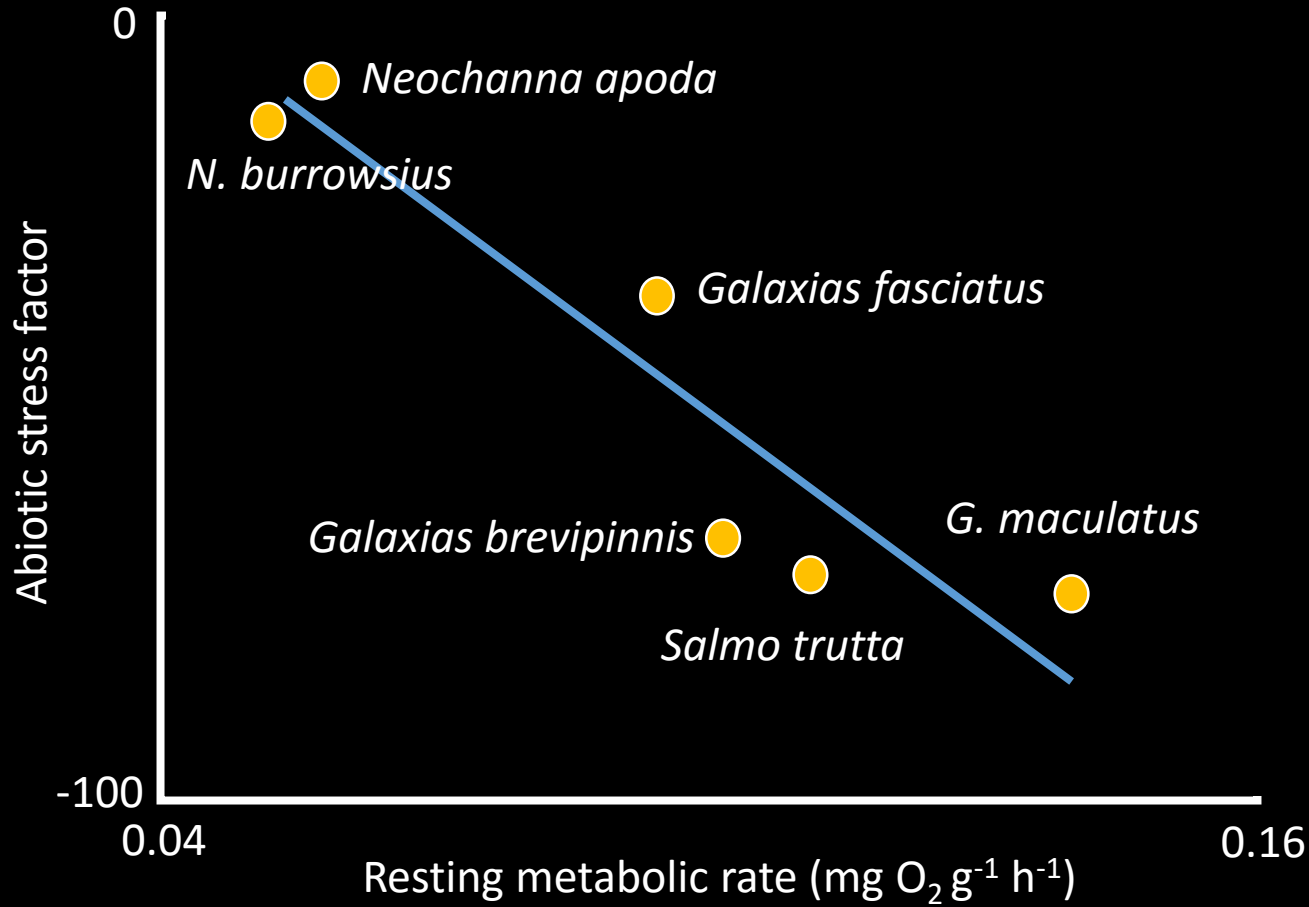


# Fish in the forest

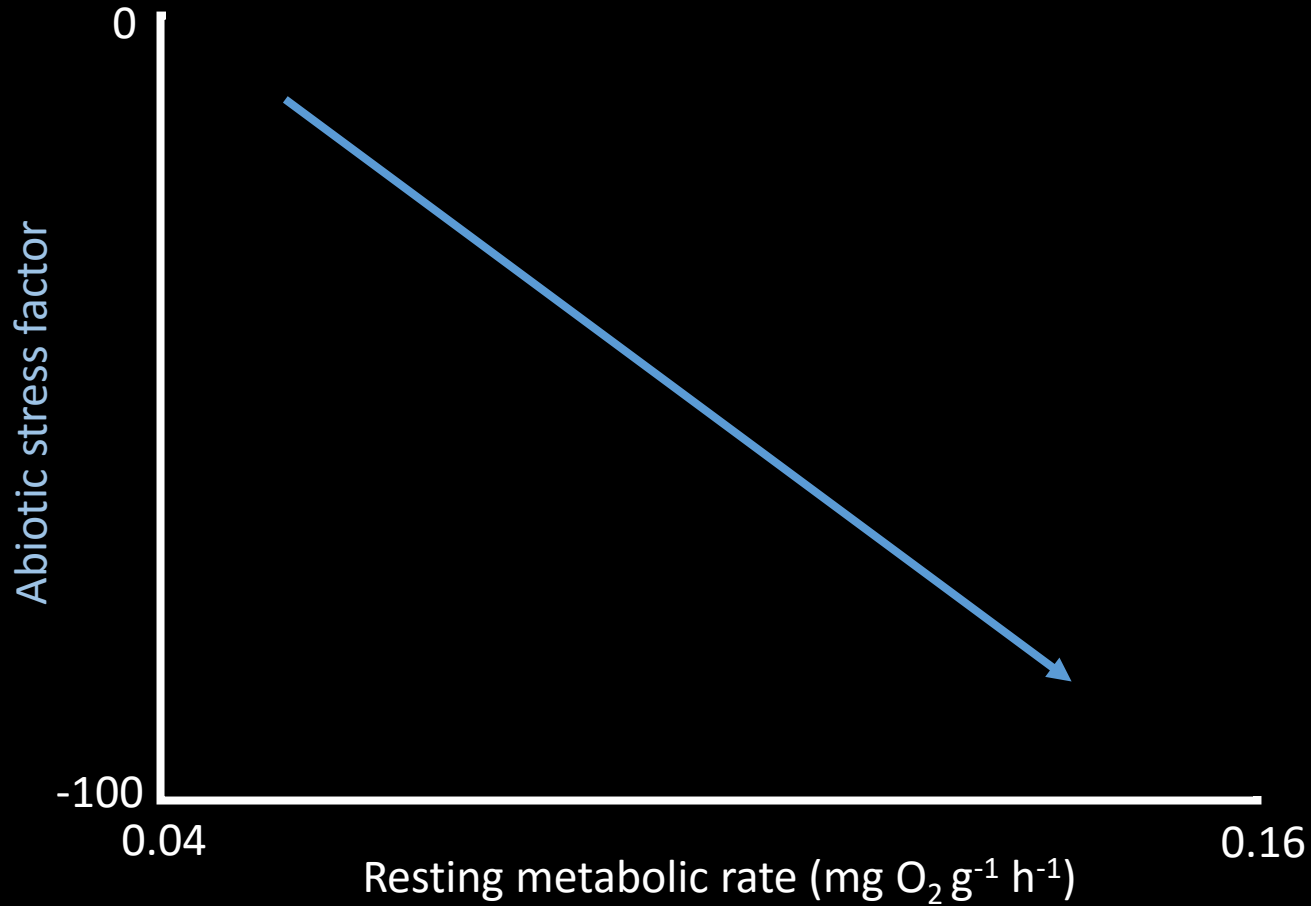
A study examining forest pool fish populations measuring fish distribution and a number of abiotic stressors (dissolved oxygen, pH etc.)

Also measured metabolic rates of fish inhabitants

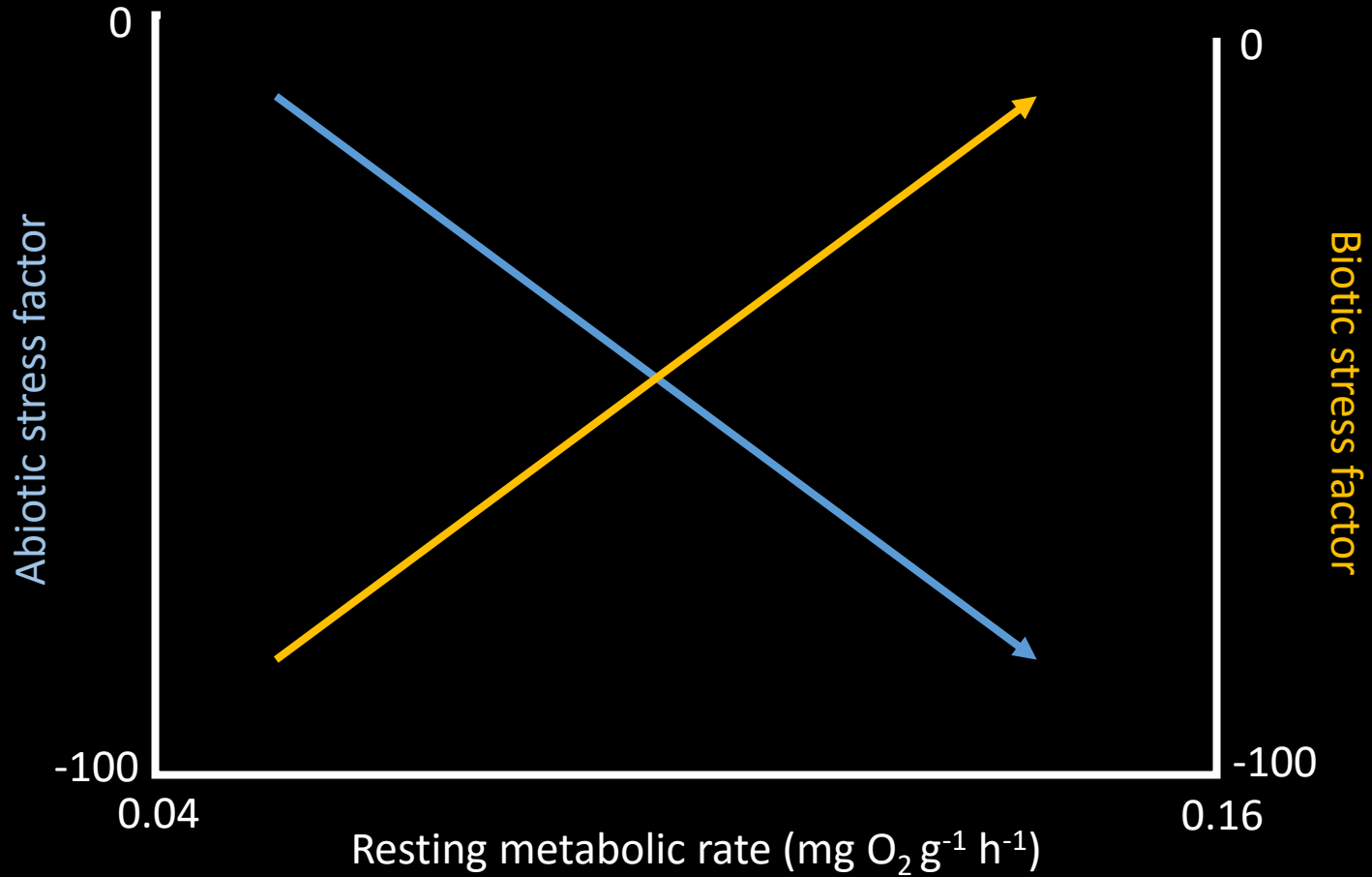
# Is metabolic rate the “master biomarker”?



# A caveat...



# A caveat...



# Implications for a sustainable ARB

More research is required to investigate the relationship between metabolic rate and stressors

However, if this relationship holds, then a measurement of inhabitant metabolic rate, might be sufficient to ascertain the stress incurred at a given location

It also will allow prediction of vulnerable species should stressor composition and magnitude change





**Question 2: Is understanding mechanism of effect important?**

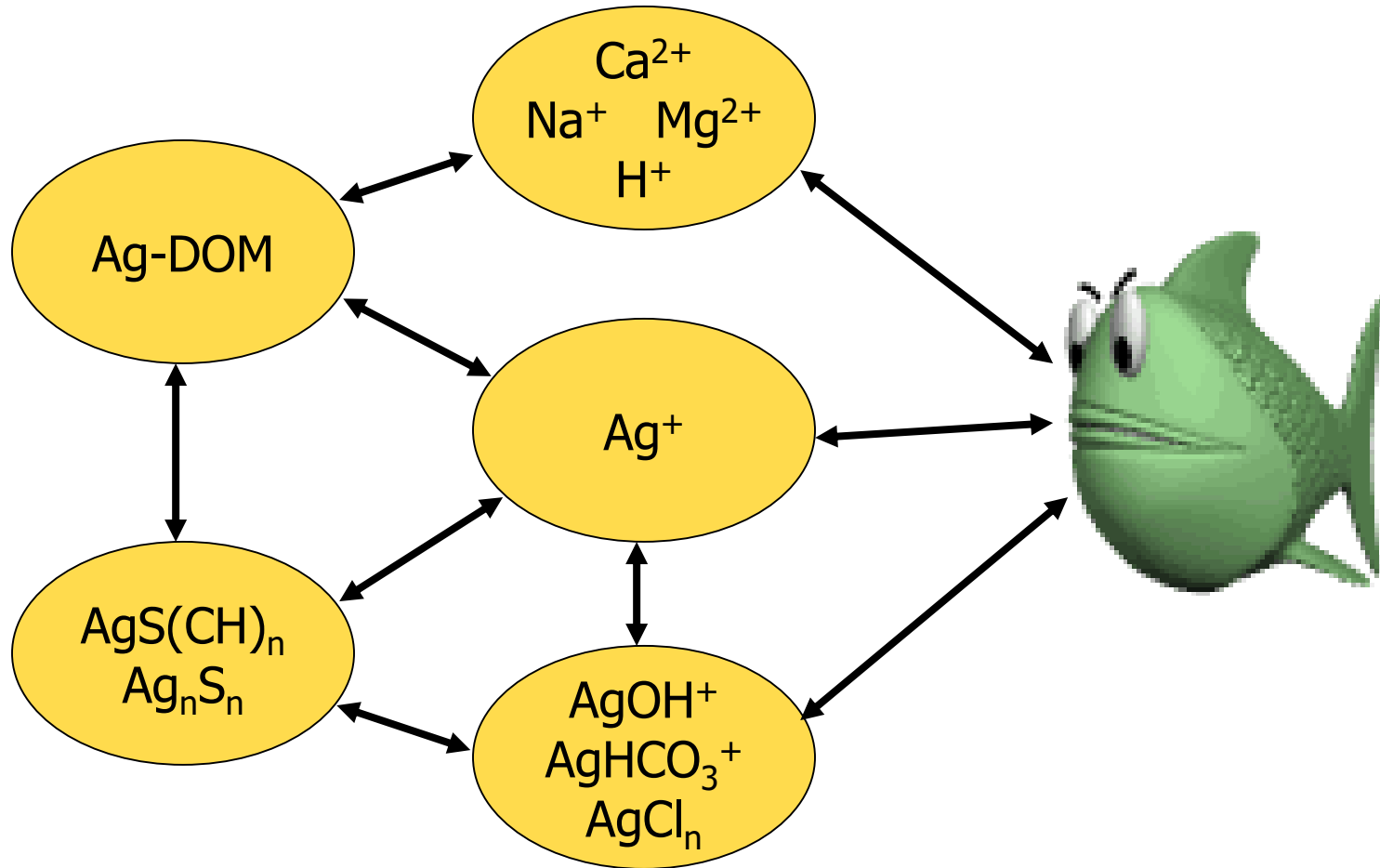
# Question 2: Is understanding mechanism of effect important?

Contaminated ecosystems are complex: multiple different stressors that vary spatially and temporally

Biology is complex: organisms acclimate and adapt

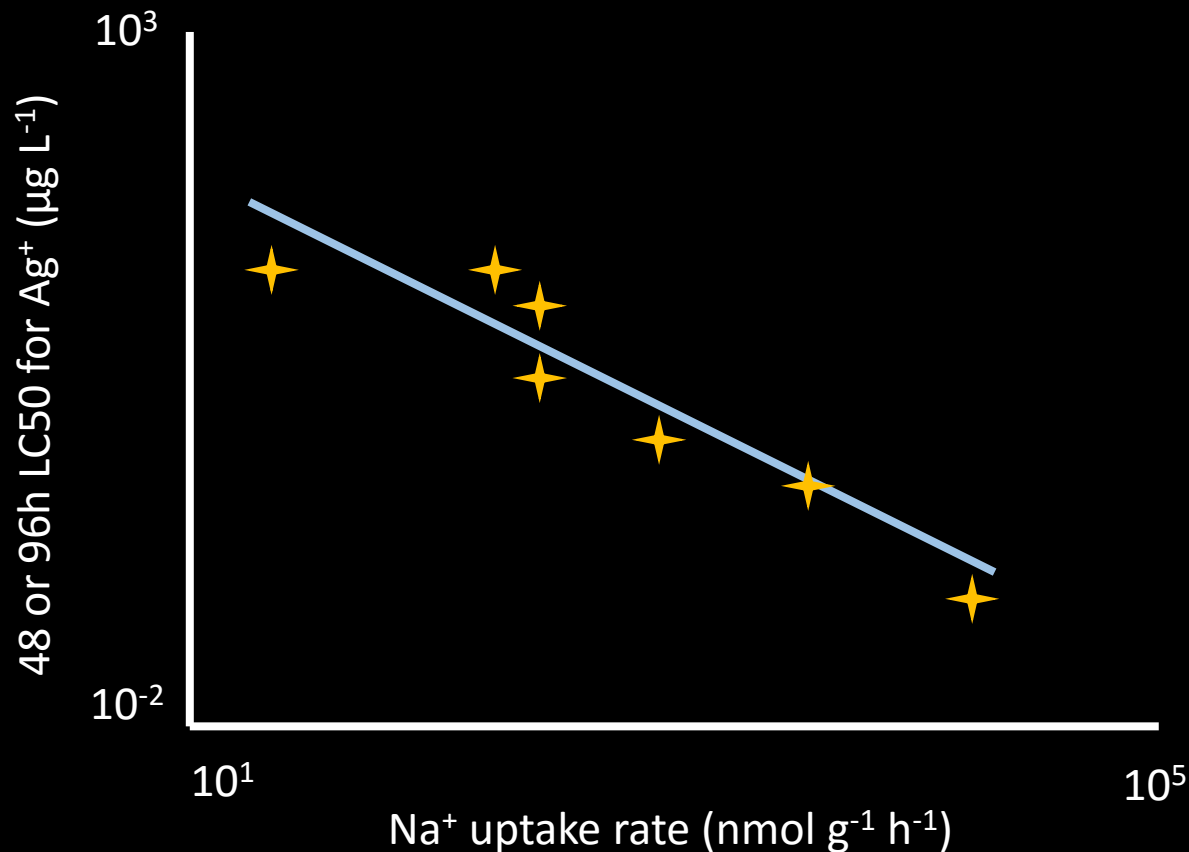
Understanding the mechanisms by which stressors impact biota we can develop predictions as to how stressor mixtures may effect systems, and can predict the impacts of exposure history

# The Biotic Ligand Principle





# Sodium influx rate is a strong predictor of sensitivity to some trace metal contaminants



# Stressor mixtures

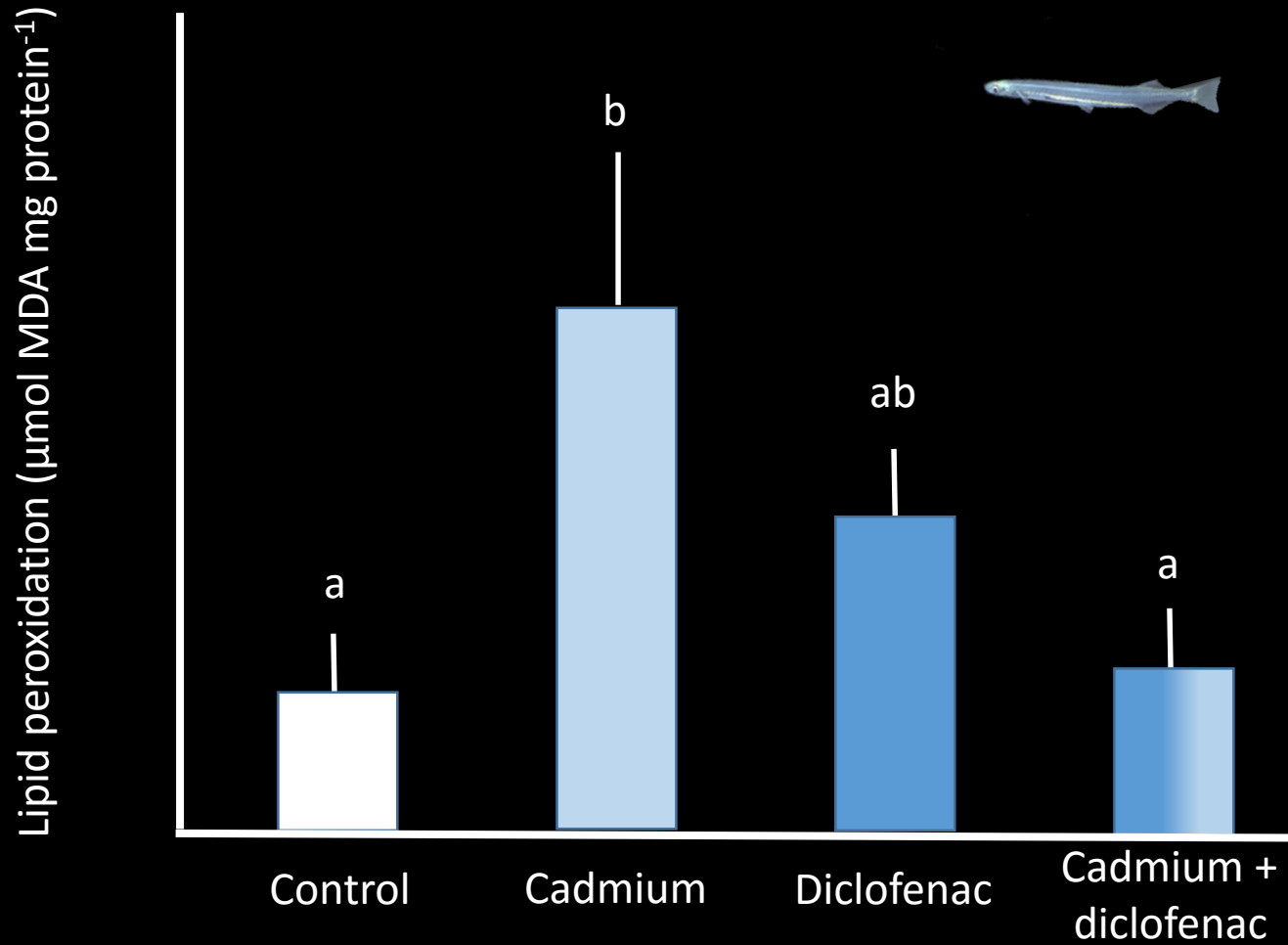
In New Zealand waters two important chemical stressors are the trace metal cadmium, and the pharmaceutical diclofenac:

**Cadmium:** a contaminant associated with phosphate fertilisers but also naturally high in some NZ regions due to volcanism

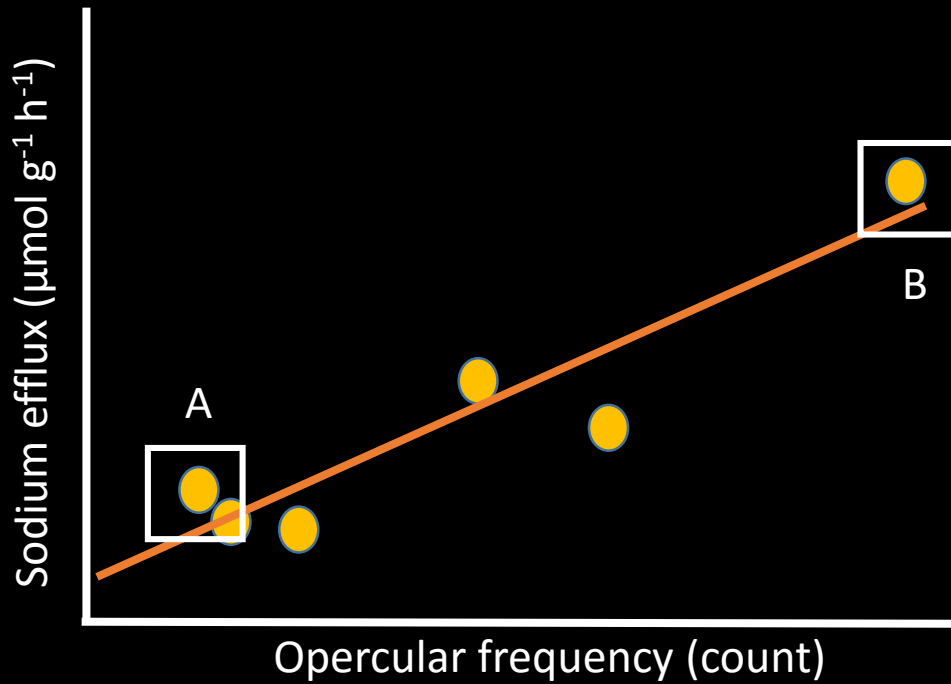
**Diclofenac:** rapidly increasing in waters worldwide through veterinary and human usage and failure of sewage treatment to remove effectively



# Stressor mixtures



# Stressor mixtures

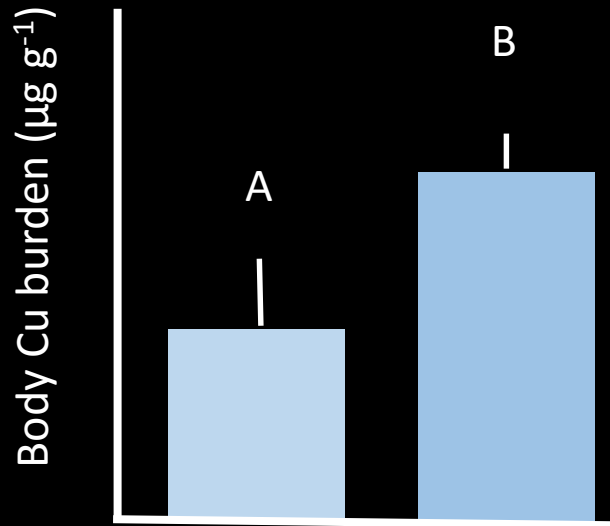


Some stressors increase respiration

Respiration increases ion loss

To compensate fish increase ion uptake

Uptake of ion-mimicking toxicants also increases



# Implications for a sustainable ARB

A greater understanding of the mechanisms by which stressors impact aquatic biota is important for understanding phenomena such as the impacts of stressor mixtures

In a river basin where multiple stressors vary significantly in time and space, a mechanistic understanding of stressor impacts may provide better prediction of the impacts of environmental change



**Question 3: Are we identifying all the important stressors?**



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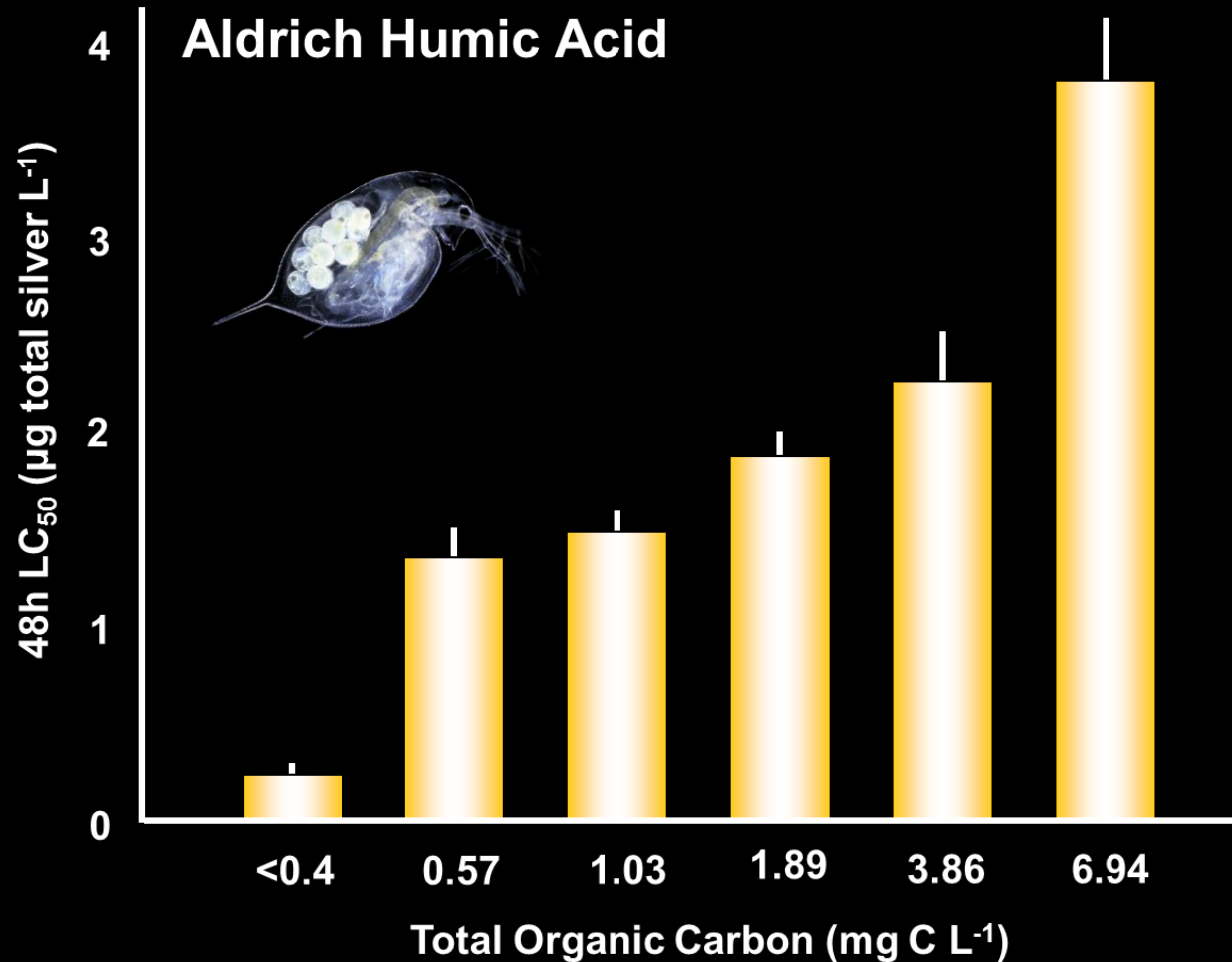
Natural organic matter (NOM; aka dissolved organic carbon, dissolved organic matter, humic substances) has two key characteristics:

**Ubiquity:** NOM is present to some degree in every natural water

**Heterogeneity:** NOM varies in every natural water owing to the unique terrestrial and aquatic microbial assemblages that act as sources and modify its chemistry

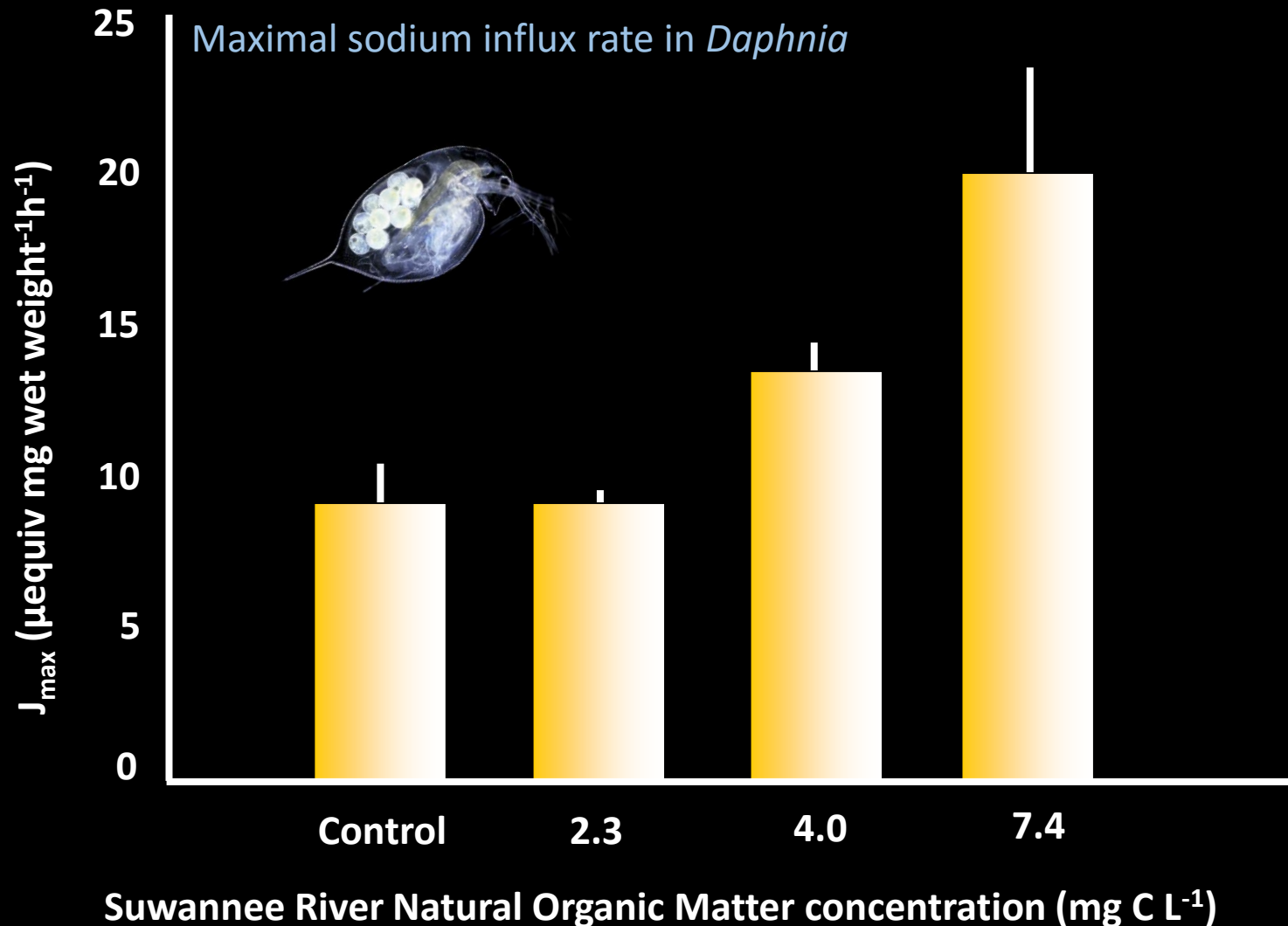


# NOM is a known ameliorator of chemical stressors

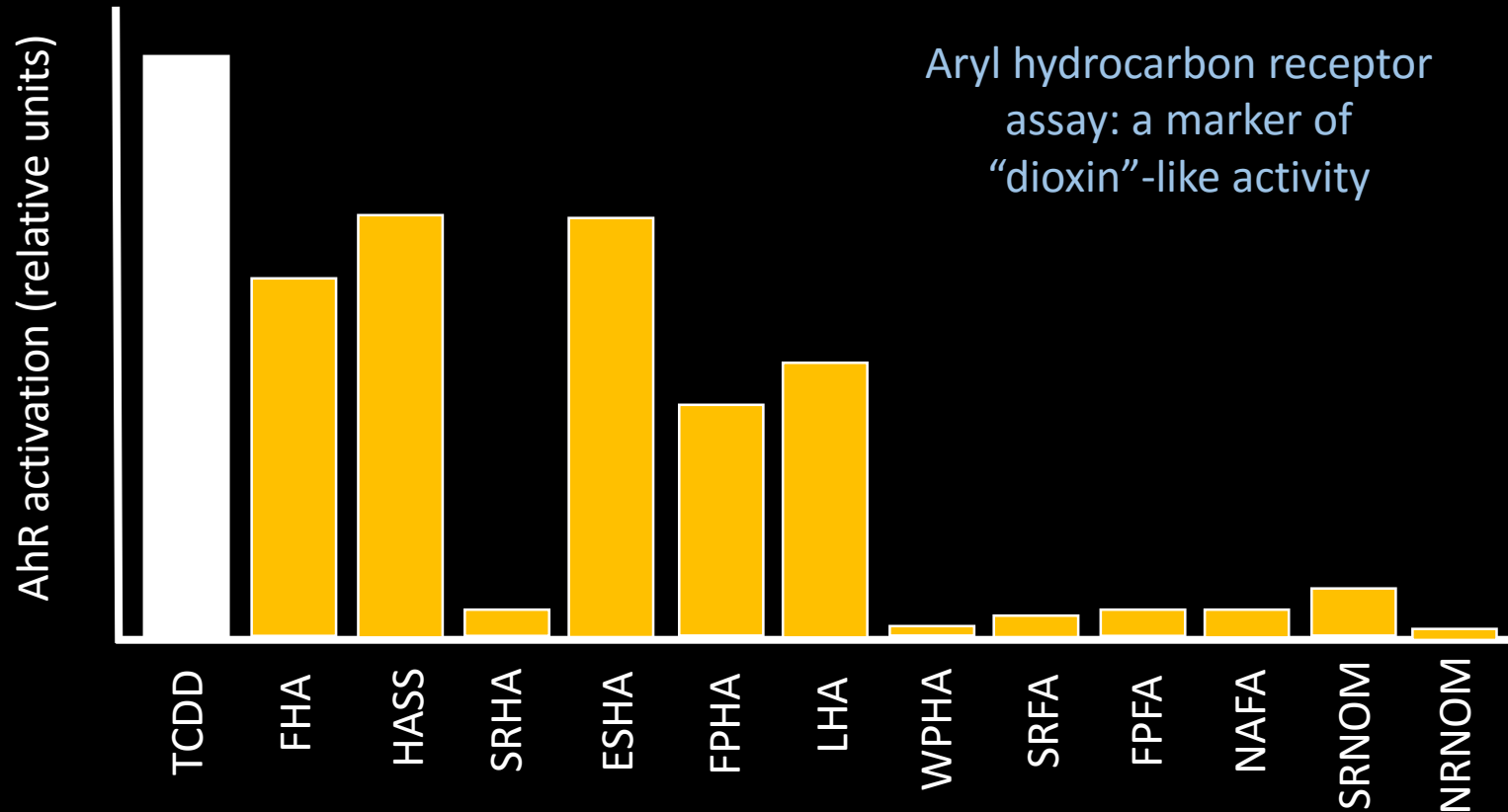




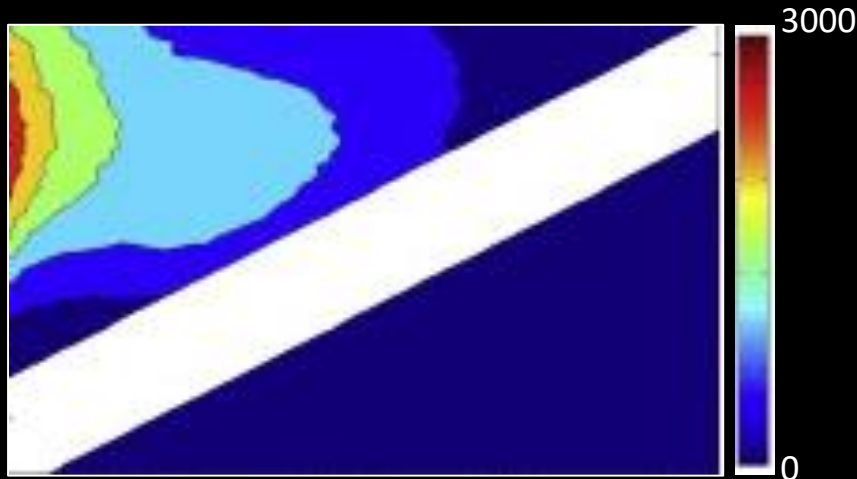
# Direct effects of NOM are less well known



# NOM effects are not restricted to ion transport and vary depending on NOM composition



Emission (nm)



Excitation (nm)

Emission (nm)



Excitation (nm)

**Waters of the  
Athabasca  
River differ  
significantly in  
NOM  
concentration  
and  
composition**

# Implications for a sustainable ARB

NOM composition and concentration varies throughout the ARB

NOM exerts significant effects on aquatic life, effects that potentially modify the responses of biota to other stressors

Accounting for direct impacts of NOM, may facilitate a better prediction of risk



# Conclusions

An improved understanding of organismal responses to stressors will strengthen risk assessment approaches in the ARB enhancing environmental and economic sustainability of this important watershed

# Acknowledgements

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